### Virginia Service - Southbound


Effective September 23, 2019

**Amtrak.com**

1-800-USA-RAIL

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<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Palmetto</th>
<th>Cardinal</th>
<th>Carolinian</th>
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**On Board Service**

Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha's Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.

Van/Car service available from Kingston, RI station to station in Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.

Change trains at New York.

All Amtrak services and stations are non-smoking.

See page 2 for Services. See page 9 for Route Map, Symbols, Key, Connecting Local Services, Airport Connections and other amenities.

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**Northeast Regional** service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Greenfield, Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

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### Shading Key

- **Daytime train**
- **Overnight train**
- **Connecting train**
- **Thruway and connecting services**

**Schedules effective 9/23/19**

Service continues on page 2. No change of train required.

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See page 1 for map. Presently, the rail networks shown on this map do not directly connect every station listed on this timetable.

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## Service/Train Name

<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Northeast Regional</th>
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<th>Palmetto</th>
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### On Board Service

**Symbol**
- R: Restroom
- B: Business Class
- Y: Sleeper
- J: Coach
- M: Quiet Car
- D: Dining Car
- S: Sleeper Car
- F: First Class
- P: Parent Lounge
- V: View Car
- W: Wheelchair Accessible
- A: Amtrak Bikes

<table>
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<th><strong>Symbol</strong></th>
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</table>

### Service

- **Coaches:** Reservations required.
- **Business class service available. Reservations required.** For more information, visit Amtrak.com/business-class.
- **Sleeping cars:** For more information, visit Amtrak.com/sleeping-accommodations.
- **Flexible Dining service:** Available exclusively for Sleeping Car passengers. For more information, visit Amtrak.com/flexdining.
- **Café service:** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit Amtrak.com/café.
- **Amtrak Quiet Car.**
- **Checked baggage at select stations.**
- **Wi-Fi available.**
- **On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit Amtrak.com/bikes for all the details before you book your trip.
- **Via Thruway connection at Washington, DC.**

### Trails and Rails Program

In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit nps.gov/trailsandrails.

### All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

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### LINKS FOR DETAILED SERVICE INFORMATION

- **Northeast Regional** between Boston and Virginia Beach/Norfolk/Roanoke. Visit Amtrak.com/Northeast-Regional
- **Silver Meteor, Silver Star and Palmetto** between New York and Tampa/Miami. Visit Amtrak.com/Silver-Service-Palmetto
- **Cardinal** between New York and Chicago. Visit Amtrak.com/Cardinal
- **Carolinian** between New York and Charlotte. Visit Amtrak.com/Carolinian
- **Crescent** between New York and New Orleans. Visit Amtrak.com/Crescent

### SHADING KEY

- **Daytime train**
- **Overnight train**
- **Connecting train**
- **Thruway and connecting services**

**Effective September 23, 2019**

**SCHEDULES EFFECTIVE 9/23/19**

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**These Timetables Show All Amtrak Through Service to Stations Between Boston, MA, and Roanoke, Newport News and Norfolk, VA.** Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

### Service/Train Name

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<thead>
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<th>Northeast Regional</th>
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### On Board Service

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**Schedules may be modified during the Thanksgiving, Christmas and New Years holiday periods, and may be different than shown in this timetable. Please refer to Amtrak.com or the Amtrak app for up-to-date schedules during these periods.**
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- Sleeping cars. For more information, visit Amtrak.com/sleeping-accommodations.
- Flexible Dining service: Available exclusively for Sleeping Car passengers. For more information, visit Amtrak.com/flexdining.
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- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit Amtrak.com/bikes for all the details before you book your trip.

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**Volunteer Rangers:**
Volunteer rangers provide on board narratives between May and September in cooperation with the National Park Service. Trails and Rails Program:

Service adjustments during holiday periods:
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- Overnight train
- Connecting train
- Thruway and connecting services

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- Cardinal between New York and Chicago. Visit Amtrak.com/Cardinal
- Carolinian between New York and Charlotte. Visit Amtrak.com/Carinollian
- Crescent between New York and New Orleans. Visit Amtrak.com/Crescent

**Schedules Effective 9/23/19**
## Service/Train Name

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<td>NEWPORT NEWS, VA</td>
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<tr>
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<td>RICHMOND, VA-Staples Mill Road</td>
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<tr>
<td>Ashland, VA</td>
<td>○ Ar 6 13A 6 50A 7 23A 7 48A 8 36A 8 38A</td>
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<td>Fredericksburg, VA</td>
<td>○ Ar D5 6A 6 56A 7 33A 8 10A 8 32A 9 25A</td>
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<tr>
<td>Quantico, VA</td>
<td>○ Ar 7 16A 7 54A 8 32A 6 52A 9 47A 9 47A</td>
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<td>Woodbridge, VA</td>
<td>○ Ar 7 28A 8 07A 8 46A</td>
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<td>Blacksburg, VA</td>
<td>○ Ar Dp</td>
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<tr>
<td>ROANOKE, VA</td>
<td>○ Ar Dp</td>
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<tr>
<td>Lynchburg, VA</td>
<td>○ Ar Dp</td>
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<tr>
<td>Clifton Forge, VA (Homestead)</td>
<td>○ Ar</td>
</tr>
<tr>
<td>Staunton, VA</td>
<td>○ Ar</td>
</tr>
<tr>
<td>Charlottesville, VA</td>
<td>○ Ar D7 09A 8 01A 8 44A</td>
</tr>
<tr>
<td>Culpeper, VA (Orange)</td>
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</tr>
<tr>
<td>Manassas, VA</td>
<td>○ Ar 8 35A</td>
</tr>
<tr>
<td>Burke Centre, VA</td>
<td>○ Ar</td>
</tr>
<tr>
<td>WASHINGTON, DC –Union Station</td>
<td>○ Ar D7 07A 8 15A 9 00A 9 41A 9 44A</td>
</tr>
</tbody>
</table>

## Service

- **Coaches:** Reservations required.
- **Business Class:** Service available. Reservations required. For more information visit Amtrak.com/business-class.
- **Sleeping Cars:** For more information, visit Amtrak.com/sleeping-accommodations.
- **Flexible Dining:** Available exclusively for Sleeping Car passengers. For more information, visit Amtrak.com/flexdining.
- **Café Service:** Table seating offering a variety of meals, snacks and beverages for sale. For more information, visit Amtrak.com/cafe.
- **Amtrak Quiet Car.**
- **Checked Baggage:** at select stations.
- **Wi-Fi Available.**
- **On Board Bicycle Racks:** We offer a number of different services to transport your bike onboard on most routes. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit Amtrak.com/bikes for all the details before you book your trip.

## Trails and Rails Program

In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of some routes. Visit nps.gov/trailsandrails and amtraktoparks.com.

All Amtrak services and stations are non-smoking.

See page 9 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities.

**Shading Key**

<table>
<thead>
<tr>
<th>Daytime train</th>
<th>Overnight train</th>
<th>Connecting train</th>
<th>Thruway and connecting services</th>
</tr>
</thead>
</table>

**Northeast Regional** service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Greenfield, Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

**LINKS FOR DETAILED SERVICE INFORMATION**

- Northeast Regional between Boston and Virginia Beach/Norfolk/Roanoke. Visit Amtrak.com/Northeast-Regional
- Silver Meteor, Silver Star and Palmetto between New York and Tampa/Miami. Visit Amtrak.com/Silver-Service-Palmetto
- Cardinal between New York and Chicago. Visit Amtrak.com/Cardinal
- Carolinian between New York and Charlotte. Visit Amtrak.com/Carolinian
- Crescent between New York and New Orleans. Visit Amtrak.com/Crescent

**SHADING KEY**

These timetables show all Amtrak through service to stations between Boston, MA, and Roanoke, Newport News and Norfolk, VA. Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.
<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Silver Meteor</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
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<td>164</td>
<td>174</td>
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<td>88</td>
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<td>Normal Days of Operation</td>
<td>Daily</td>
<td>Mo-Fr</td>
<td>SaSu</td>
<td>Mo-Fr</td>
<td>Sa</td>
<td>Daily</td>
<td>Mo-Fr</td>
<td>SaSu</td>
</tr>
</tbody>
</table>

**Will Also Operate**

- See page 5 for Services. See page 9 for Route Map, Symbols, Key, Connecting Local Services, Airport Connections and other amenities.

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**Shading Key**
- Daytime train
- Overnight train
- Connecting train
- Thruway and connecting services

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Seasonal summer connecting service offered by shuttle bus and Seastreak Ferry to Newport, RI, Martha’s Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.

Van/Car service available from Kingston, RI station to Newport, RI. Reservations required. Call (401) 295-1100 for information and reservations.

On Saturdays and Sundays, Train 20 arrives New York 1:48 p.m. All Amtrak services and stations are non-smoking.

See page 5 for Services. See page 9 for Route Map, Symbols, Key, Connecting Local Services, Airport Connections and other amenities.
### Service/Train Name

<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
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<td>96</td>
<td>94</td>
<td>156</td>
<td>92</td>
<td>80</td>
<td>50</td>
<td>90</td>
<td>66</td>
</tr>
<tr>
<td>Normal Days of Operation</td>
<td>Sa</td>
<td>Su</td>
<td>Mo-Fr</td>
<td>SaSu</td>
<td>Daily</td>
<td>Daily</td>
<td>SuWeFr</td>
<td>Daily</td>
<td>Daily</td>
</tr>
</tbody>
</table>

#### Will Also Operate

Schedules may be modified during the Thanksgiving, Christmas and New Years holiday periods, and may be different than shown in this timetable. Please refer to Amtrak.com or the Amtrak app for up-to-date schedules during these periods.

#### Service adjustments during holiday periods:

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#### On Board Service

- **Symbol**
  - **Virginia Beach, VA**: Dp
  - **NORFOLK, VA**: L 8 30A, L 8 30A, L 8 30A
  - **Richmond, VA (Main Street Sta.)**: L 9 42A, L 9 42A
  - **Ashland, VA**: L 10 32A, L 10 32A, L 11 23A
  - **Quantico, VA**: L 11 37A, L 11 37A, L 12 29P
  - **Woodbridge, VA**: L 8 52A, L 8 52A
  - **Danville, VA**: L 8 52A, L 8 52A
  - **Blacksburg, VA**: L 8 52A, L 8 40A
  - **ROANOKE, VA**: L 8 52A, L 8 40A
  - **Lynchburg, VA**: L 8 52A, L 9 59A
  - **Clifton Forge, VA (Homestead)**: L 8 52A
  - **Charlottesville, VA**: L 11 13A
  - **Culpeper, VA (Orange)**: L 11 13A
  - **Burke Centre, VA**: L 12 05P, L 12 05P, L 5 10P, L 5 10P, L 8 25P
  - **Alexandria, VA**: L 12 05P, L 12 05P, L 5 10P, L 5 10P, L 8 25P
  - **WASHINGTON, DC**:
  - **WASHINGTON, DC**:

#### SHADING KEY

- **Daytime train**
- **Overnight train**
- **Connecting train**
- **Thruway and connecting services**

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**Effective September 23, 2019**

**Amtrak.com** 1-800-USA-RAIL

**Northeast Regional** service between Boston and Virginia Beach/Norfolk/Roanoke.

Visit Amtrak.com/Northeast-Regional

Silver Meteor, Silver Star and Palmetto between New York and Tampa/ Miami. Visit Amtrak.com/Silver-Service-Palmetto

Cardinal between New York and Chicago. Visit Amtrak.com/Cardinal

Carolinian between New York and Charlotte. Visit Amtrak.com/Carolinian

Crescent between New York and New Orleans. Visit Amtrak.com/Crescent

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**LINKS FOR DETAILED SERVICE INFORMATION**

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**SCHEDULES EFFECTIVE 9/23/19**

**Northeast Regional/through service to stations between Boston, MA, and Roanoke, Newport News and Norfolk, VA.** Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.
Train 168/132

On Sundays, change at Washington, DC to Train 132, thence at New Haven.

On Saturdays, change at Washington, DC to Train 168; on Sundays, change at Washington, DC to Train 146, which runs up to 30 minutes later than time shown at this station.

Van/Car service available from Kingston, RI station to Newport, RI.

Normal Days of Operation

Sa | Su | Mo-Fr | SaSu | Daily | Daily | SuWeFr | Daily | Daily

Normal Days of Operation:

Sa | Su | Mo-Fr | SaSu | Daily | Daily | SuWeFr | Daily | Daily

Will Also Operate:

Service adjustments during holiday periods:

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Ferry to Newport, RI, Martha’s Vineyard, MA, and Nantucket, MA. Through ticketing available on Amtrak.com.

From Miami and Tampa, FL, and intermediate stations.

From Charlotte and Raleigh, NC.

From Chicago.

From Avenue and Charlottesville, VA.

Effective September 23, 2019

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Schedules subject to change without notice.

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Connecting Local Services

**Boston**
Massachusetts Bay Transportation Authority (commuter rail, subway, light rail & bus): (617) 222-3200 or (800) 392-6100; www.mbta.com

**New Haven**
Shore Line East (commuter rail): in Connecticut (800) ALL-RIDE; outside Connecticut (203) 777-RIDE; www.shorelineeast.com

**Connecticut Transit** (bus service): (203) 624-0151

**New York**
Metro-North Railroad: (800) 638-7646 or (212) 532-4900; www.mta.info

Long Island Rail Road (LIRR) (commuter rail): (718) 217-LIRR; www.mta.info

**NJ TRANSIT** (commuter rail & bus): (973) 275-5555; www.njtransit.com

**New York City Transit** (subway & bus): (718) 330-1234; www.mta.info

**Newark**
NJ TRANSIT (commuter rail, subway & bus): (973) 275-5555; www.njtransit.com

**Port Authority Trans-Hudson Corporation (PATH)** (subway): (800) 234-PATH; www.panynj.gov/path

**Philadelphia**
Southeastern Pennsylvania Transportation Authority (SEPTA) (commuter, light rail, subway & bus): (215) 580-7800; www.septa.org

**Wilmington**
DART First State (DART) (commuter rail & bus); 1-800-652-DART; www.DartFirstState.com

**Baltimore**
MARC (commuter rail): (800) 325-RAIL; www.mtamaryland.com

Maryland Transit Administration (MTA) (bus, light rail & subway): in the Baltimore metropolitan area: (800) 543-9809; other areas: (410) 539-5000; www.maryland.gov

**Washington**
MARC (commuter rail): (800) 325-RAIL; www.mtamaryland.com

Virginia Railway Express (commuter rail): (800) RIDE-VRE; www.vre.org

**Metro** (subway, light rail & bus): (215) 580-7800; www.9530.com

**Amtrak 30th Street Station-Center City Rail Transfer**
Amtrak tickets to and from Philadelphia are honored for a transfer between Gray 30th Street Station (Upper Level platforms) and either Suburban Station or Jefferson Station (Pennsylvania Convention Center) via the frequent commuter rail service operated by SEPTA. Your Amtrak ticket, ticket receipt or eTicket travel document must be presented to the SEPTA conductor and remain visible while on board. For additional details, call SEPTA at (215) 580-7800.

**Philadelphia, PA Suburban Stops**
Amtrak offers limited stops at North Philadelphia and Cornwells Heights for the convenience of passengers traveling to/from Newark and New York.

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**Carry-On Pet Program**
A small cat or dog in a pet carrier may be carried aboard many Northeast Corridor trains. Reservations are required, and some restrictions apply. Visit Amtrak.com/pets for details.