<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Palmetto</th>
<th>Palmetto</th>
<th>Cardinal</th>
<th>Carolinian</th>
<th>Carolinian</th>
<th>Northeast Regional</th>
<th>Silver Star</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
</tr>
</thead>
<tbody>
<tr>
<td>Will Also Operate</td>
<td>5/26, 9/1</td>
<td>5/27, 9/2</td>
<td>5/27, 9/2</td>
<td>5/27, 9/2</td>
<td>5/27, 9/2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Symbol**
- Dp = Departing
- Qlå = Quaking
- 12 30A = 12:30 AM
- Ar = Arriving
- D = Daytime
- L = Late Night
- Q = Quiet
- R = Regional
- S = Silver Star
- W = Weekend
- O = Off

**Effective March 4, 2019**

**Northeast Regional**

<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Departure</th>
<th>Arrival</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOSTON, MA - South Station</td>
<td>6:10 AM</td>
<td>6:30 AM</td>
</tr>
<tr>
<td>Boston, MA - Back Bay Station</td>
<td>6:30 AM</td>
<td>6:55 AM</td>
</tr>
<tr>
<td>Route 138, MA</td>
<td>6:30 AM</td>
<td>6:55 AM</td>
</tr>
<tr>
<td>Providence, RI</td>
<td>6:40 AM</td>
<td>7:11 AM</td>
</tr>
<tr>
<td>Kingston, RI (Wrentham)</td>
<td>6:40 AM</td>
<td>7:11 AM</td>
</tr>
<tr>
<td>New London, CT (Casino)</td>
<td>7:55 AM</td>
<td>8:25 AM</td>
</tr>
<tr>
<td>New Haven, CT</td>
<td>8:00 AM</td>
<td>8:30 AM</td>
</tr>
<tr>
<td>New Rochelle, NY</td>
<td>8:27 AM</td>
<td>8:47 AM</td>
</tr>
<tr>
<td>NEW HAVEN, CT</td>
<td>8:41 AM</td>
<td>9:03 AM</td>
</tr>
<tr>
<td>Bridgeport, CT</td>
<td>8:46 AM</td>
<td>9:08 AM</td>
</tr>
<tr>
<td>Stamford, CT</td>
<td>9:09 AM</td>
<td>9:30 AM</td>
</tr>
<tr>
<td>New Rochelle, NY</td>
<td>9:30 AM</td>
<td>9:50 AM</td>
</tr>
<tr>
<td>NEW YORK, NY - Penn Station</td>
<td>10:22 AM</td>
<td>10:22 AM</td>
</tr>
<tr>
<td>Newark, NJ</td>
<td>10:36 AM</td>
<td>11:05 AM</td>
</tr>
<tr>
<td>Newark Liberty Intl. Air., NJ</td>
<td>10:43 AM</td>
<td>11:12 AM</td>
</tr>
<tr>
<td>Metropark, NJ</td>
<td>11:07 AM</td>
<td>11:38 AM</td>
</tr>
<tr>
<td>Trenton, NJ</td>
<td>11:38 AM</td>
<td>12:06 PM</td>
</tr>
<tr>
<td>PHILADELPHIA, PA - 30th St. Station</td>
<td>12:04 PM</td>
<td>12:30 PM</td>
</tr>
<tr>
<td>Wilmington, DE</td>
<td>12:47 PM</td>
<td>1:19 PM</td>
</tr>
<tr>
<td>Newark, DE</td>
<td>1:24 PM</td>
<td>1:24 PM</td>
</tr>
<tr>
<td>Aberdeen, MD</td>
<td>1:55 PM</td>
<td>2:26 PM</td>
</tr>
<tr>
<td>Waukesha, WI</td>
<td>2:15 PM</td>
<td>2:15 PM</td>
</tr>
<tr>
<td>Washington, DC</td>
<td>2:36 PM</td>
<td>3:10 PM</td>
</tr>
<tr>
<td>Alexandria, VA</td>
<td>3:34 PM</td>
<td>4:16 PM</td>
</tr>
<tr>
<td>Burke Centre, VA</td>
<td>4:16 PM</td>
<td>4:16 PM</td>
</tr>
<tr>
<td>Manassas, VA</td>
<td>4:54 PM</td>
<td>5:26 PM</td>
</tr>
<tr>
<td>Dulles, VA (Orange)</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Staunton, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Lynchburg, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>ROANOKE, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Blacksburg, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Danville, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Woodbridge, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Quintana, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Fredericksburg, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Ashland, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>RICHMOND, VA - Staples Mill Rd</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Richmond, VA - Main St. Sta.</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Williamsburg, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Newport News, VA (Norfolk/Virginia Beach)</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Petersburg, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>NORFOLK, VA</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
<tr>
<td>Virginia Beach</td>
<td>5:52 PM</td>
<td>5:52 PM</td>
</tr>
</tbody>
</table>

**Silver Star**

<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Departure</th>
<th>Arrival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Silver Star, VA</td>
<td>3:09 PM</td>
<td>3:32 PM</td>
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</tbody>
</table>

**Ricochets**

<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Departure</th>
<th>Arrival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Roanoke, VA</td>
<td>10:23 PM</td>
<td>10:42 PM</td>
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</tbody>
</table>

**Silver Star Express**

<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Departure</th>
<th>Arrival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Silver Star Express, VA</td>
<td>10:42 PM</td>
<td>10:57 PM</td>
</tr>
</tbody>
</table>

**See page 5-6 for Services, Keys, Route Map and other amenities for the Northeast, Mid-Atlantic and Virginia Service.**

**Note:** Schedules subject to change without notice.

**Effective March 4, 2019**
## VIRGINIA SERVICE - Southbound

Serving BOSTON - NEW YORK - WASHINGTON DC - CHARLOTTESVILLE - ROANOKE - RICHMOND - NEWPORT NEWS - NORFOLK and intermediate stations

### Service/Train Name

<table>
<thead>
<tr>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Crescent</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Silver Meteor</th>
</tr>
</thead>
<tbody>
<tr>
<td>157</td>
<td>147</td>
<td>145</td>
<td>171</td>
<td>99</td>
<td>93</td>
<td>19</td>
<td>87</td>
<td>85</td>
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</table>

### Normal Days of Operation

<table>
<thead>
<tr>
<th>Will Also Operate</th>
<th>Will Not Operate</th>
</tr>
</thead>
<tbody>
<tr>
<td>5/27,9/2</td>
<td>5/26,9/1</td>
</tr>
</tbody>
</table>

### Will Not Operate

| 5/26,9/1           | 5/27,9/2         |

### On Board Service

<table>
<thead>
<tr>
<th>Symbol</th>
<th>3 01P 4 01P 4 18P 5 07P 5 11P 5 18P 6 09P 6 49P 7 17P 7 22P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dp</td>
<td>6 12P</td>
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</table>

### Schedule

**Northeast Service/Train Name**

<table>
<thead>
<tr>
<th>Train Number</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Crescent</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Silver Meteor</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 157</td>
<td>147</td>
<td>145</td>
<td>171</td>
<td>99</td>
<td>93</td>
<td>19</td>
<td>87</td>
<td>85</td>
</tr>
</tbody>
</table>

### Effective March 4, 2019

Schedules subject to change without notice.

Service, Keys, Route Map and other amenities for the Northeast, Mid-Atlantic and Virginia Service.

Amtrak.com 1-800-USA-RAIL

See where the train can take you.
### Virginia Service - Northbound

Effective March 4, 2019

<table>
<thead>
<tr>
<th>Service/Train Name</th>
<th>Silver Meteor</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Crescent</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
<th>Northeast Regional</th>
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</thead>
<tbody>
<tr>
<td>Train Number</td>
<td>98</td>
<td>86</td>
<td>164</td>
<td>174</td>
<td>82</td>
<td>20</td>
<td>84</td>
<td>88</td>
<td>176</td>
<td>194</td>
</tr>
<tr>
<td>Normal Days of Operation</td>
<td>Daily</td>
<td>Mo-Fr</td>
<td>SaSu</td>
<td>Mo-Fr</td>
<td>Sa</td>
<td>Daily</td>
<td>Mo-Fr</td>
<td>SaSu</td>
<td>Mo-Fr</td>
<td>Sa</td>
</tr>
<tr>
<td>Will Also Operate</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5/27, 9/2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Will Not Operate</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5/26, 9/1</td>
<td></td>
</tr>
<tr>
<td>On Board Service</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Symbols
- Ar: Amtrak (passenger train)
- Dp: Down passenger
- Lp: Up passenger
- Q: Quaker (religious station)
- å: stops only to discharge passengers
- R: Regional
- B: Northeast

#### Stations
- Virginia Beach, VA
- Norfolk, VA
- Petersburg, VA
- Newport News, VA (Norfolk/Virginia Beach)
- Williamsburg, VA
- Richmond, VA (Main Street Sta.)
- Richmond, VA (Staples Mill Road)
- Ashland, VA
- Fredericksburg, VA
- Quantico, VA
- Woodbridge, VA
- Damville, VA
- Blacksburg, VA
- Blacksburg, VA
- Virginia Beach, VA
- Northeast, MD
- New Carrollton, MD
- New York, NY
- Newark, DE
- Philadelphia, PA
- Trenton, NJ
- Metropark, NJ
- Newark Liberty Int'l., NJ
- Newark, NJ
- New York, NY
- Pen Station
- Bridgeport, CT
- New Haven, CT
- New London, CT (Casino Wh)
- Mystic, CT
- Old Saybrook, CT
- Old Saybrook, CT
- New London, CT
- Mystic, CT
- Westerly, RI
- Kingston, RI
- Providence, RI
- Route 128, MA
- Boston, MA (Black Bay Station)
- Boston, MA

#### Notes
- Stops only to discharge passengers
- Amtrak.com
- NRPC Form W6—Internet only—3/4/19
- Schedules subject to change without notice.
- Amtrak is a registered service mark of the National Railroad Passenger Corporation. National Railroad Passenger Corporation, One Massachusetts Ave. N.W., Washington, DC 20001. NRPC Form W6—Internet only—3/4/19. Schedules subject to change without notice.

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See page 5-6 for Services, Keys, Route Map and other amenities for the Northeast, Mid-Atlantic and Virginia Service.
Service on Northeast Regional®
- All-reserved train, reservations required.
- Business class service available. Ticket price includes beverage on Northeast Regional.
- Sandwiches, snacks and beverages.
- Amtrak Quiet Car.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.
- Change trains at Washington, DC.
- On Saturdays, change at Washington, DC to Train 168; on Sundays, change at Washington, DC to Train 132, which runs up to 30 minutes later than time shown at this station.
- On Sundays, change at Washington, DC to Train 132, thence at New Haven to Train 432. On Saturdays, change at Washington, DC to Train 145, which arrives approximately 30 minutes later than the time shown at this station.
- Change trains at New York.
- Via Thruway connection at Washington, DC.
- Van/Car service available from Kingston, R.I. station to Newport, R.I. Reservations required. Call (401) 295-1100 for information and reservations.
- Seasonal shuttle service from Kingston, R.I. train station to Quonset Point, R.I. Operated by Martha’s Vineyard Fast Ferry to connect with ferry boats. Reservations required. Call (401) 295-4040 or visit www.vineyardfastferry.com for information and reservations.
- Train 82 operates Washington, DC to Boston only on 5/28 and 9/1.

All Amtrak services and stations are non-smoking.

Northeast Regional service within Virginia is funded in part through grants made available by the Commonwealth of Virginia.

Service between Springfield and New Haven is financed primarily through funds made available by the Connecticut Department of Transportation and the Massachusetts Department of Transportation.

Service on the Silver Meteor® and the Silver Star®
- Coaches: Reservations required.
- Sleeping cars:
  - Viewliner sleeping accommodations.
  - Amtrak ClubAcela available in New York, Philadelphia and Washington, DC, and private waiting area available in Raleigh for Sleeping car passengers.
- Dining: Full meal service on Trains 97 and 98.
- Lounge: Cafe’ with table seating; Sandwiches, snacks and beverages.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.

All Amtrak services and stations are non-smoking.

SHADING KEY

<table>
<thead>
<tr>
<th>Daytime train</th>
<th>Overnight train</th>
</tr>
</thead>
<tbody>
<tr>
<td>Connecting train</td>
<td>Thruway and connecting services</td>
</tr>
</tbody>
</table>

See page 6 for Route Map, Symbols Key, Connecting Local Services, Airport Connections and other amenities for the Northeast, Mid-Atlantic and Virginia Service.

These timetables show all Amtrak through service to stations between Boston, MA, and Roanoke, Newport News and Norfolk, VA. Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

Service on the Crescent®
- Coaches: Reservations required.
- Business class: Seating in dedicated car, two bottles of water, Wi-Fi access and entrance to Amtrak ClubAcela First class Lounge in New York, Philadelphia and Washington, DC and Magnolia Room in New Orleans.
- Sleeping cars: Viewliner sleeping accommodations.
- Dining: Full meal service.
- Lounge: Sandwiches, snacks and beverages.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.
- On Saturdays and Sundays, Train 20 arrives New York 1:48 p.m.

All Amtrak services and stations are non-smoking.

Trails and Rails Program: In cooperation with the National Park Service, volunteer rangers provide on board narratives between May and September on selected days over parts of this route. Visit nps.gov/trailsandrails and amtraktoparks.com.

Service on the Cardinal®
- Coaches: Reservations required.
- Business class: Ticket price includes non-alcoholic beverage and access to the Amtrak Metropolitan Lounge in Chicago.
- Dining: Combined Diner/Lounge provides food and beverage service.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.

All Amtrak services and stations are non-smoking.

Service on the Palmetto®
- Coaches: Reservations required.
- Business class: Ticket price includes non-alcoholic beverages and pillow.
- Dining: Sandwiches, snacks and beverages.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.
- Train also stops at New Brunswick at 6:42 a.m. and Princeton Jct. at 6:56 a.m.

All Amtrak services and stations are non-smoking.

The Carolinian is primarily funded through funds made available by the State of North Carolina.

Service on the Crescent®
- Coaches: Reservations required.
- Business class: Seating in dedicated car, two bottles of water, Wi-Fi access and entrance to Amtrak ClubAcela First class Lounge in New York, Philadelphia and Washington, DC and Magnolia Room in New Orleans.
- Sleeping cars: Viewliner sleeping accommodations.
- Dining: Full meal service.
- Lounge: Sandwiches, snacks and beverages.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.
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- Dining: Combined Diner/Lounge provides food and beverage service.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.

All Amtrak services and stations are non-smoking.

The Carolinian is primarily funded through funds made available by the State of North Carolina.

Service on the Palmetto®
- Coaches: Reservations required.
- Business class: Ticket price includes non-alcoholic beverages and pillow.
- Dining: Sandwiches, snacks and beverages.
- Checked baggage at select stations.
- Wi-Fi available.
- On Board Bicycle Racks: We offer a number of different services to transport your bike onboard. Each train has different equipment and loading procedures that dictate what service will be offered. Reservations are required and additional charges apply. Visit amtrak.com/bikes for all the details before you book your trip.
- Train also stops at New Brunswick at 6:42 a.m. and Princeton Jct. at 6:56 a.m.

All Amtrak services and stations are non-smoking.
Also see timetable Form W2 or Form W4 for complete Boston to New York and Washington DC schedules.

THESE TIMETABLES SHOW ALL AMTRAK THROUGH SERVICE TO STATIONS BETWEEN BOSTON, MA, AND ROANOKE, NEWPORT NEWS AND NORFOLK, VA.

Connecting Local Services

Boston
Massachusetts Bay Transportation Authority (commuter rail, subway, light rail & bus): (617) 222-3200 or (800) 392-6100; www.mbta.com

New Haven
Shore Line East (commuter rail): in Connecticut (800) ALL-RIDE; outside Connecticut (203) 777-RIDE; www.shorelineeast.com

Connecticut Transit (bus service): (203) 624-0151

New York
Metro-North Railroad: (800) 638-7646 or (212) 532-4900; www.mta.info

Long Island Rail Road (LIRR) (commuter rail): (718) 217-LIRR; www.mta.info

NJ TRANSIT (commuter rail & bus): (973) 275-5555; www.NJtransit.com

New York City Transit (subway & bus): (718) 330-1234; www.mta.info

Newark
NJ TRANSIT (commuter rail, subway & bus): (973) 275-5555; www.NJtransit.com

Port Authority Trans-Hudson Corporation (PATH) (subway): (800) 234-PATH; www.panynj.gov/path

Philadelphia
Southeastern Pennsylvania Transportation Authority (SEPTA) (commuter rail, light rail, subway & bus): (215) 580-7800; www.septa.org

Wilmington
DART First State (DART) (commuter rail & bus): 1-800-652-DART; www.DartFirstState.com

Baltimore
MARC (commuter rail): (800) 325-RAIL; www.mtamaryland.com

Maryland Transit Administration (MTA) (bus, light rail & subway): in the Baltimore metropolitan area: (800) 543-9809; other areas: (410) 539-5000; www.mtamaryland.com

Washington
MARC (commuter rail): (800) 325-RAIL; www.mtamaryland.com

Virginia Railway Express (commuter rail): (800) RIDE-VRE; www.vre.org

Metrorail & Metrobus (subway & bus): (202) 637-7000; www.wmata.com

Amtrak 30th Street Station-Center City Rail Transfer

Amtrak tickets to and from Philadelphia are honored for a transfer between Gray 30th Street Station (Upper Level platforms) and either Penn Center-Suburban Station or Jefferson Station (Pennsylvania Convention Center) via the frequent commuter rail service operated by SEPTA. Your Amtrak ticket, ticket receipt or boarding pass must be presented to the SEPTA conductor and remain visible while on board. For additional details, call SEPTA at (215) 580-7800.

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