

Train Name ▶	Thruway	Amtrak Cascades	Amtrak Cascades	Thruway	Amtrak Cascades	Thruway	Coast Starlight	Amtrak Cascades	Amtrak Cascades	Thruway	Amtrak Cascades	Thruway	Thruway	Amtrak Cascades
Train Number ▶	☞	511	501	☞	513	☞	11	517	505	☞	507	☞	☞	519
Normal Days of Operation ▶	Daily	Mo-Fr ⁷¹	Daily	Mo-Fr ⁷¹	SaSuHo ⁷²	SaSu	Daily	Daily	Daily	Daily	Daily	Daily	Daily	Daily
On Board Service ▶	R ☞	R ☞ ☞ ☞ ☞	R ☞ ☞ ☞ ☞	R ☞	R ☞ ☞ ☞ ☞	R ☞	R ☞ ☞ ☞ ☞	R ☞ ☞ ☞ ☞	R ☞ ☞ ☞ ☞	R ☞	R ☞ ☞ ☞ ☞	R ☞	R ☞	R ☞ ☞ ☞ ☞
	Mile	Symbol	▼											
Vancouver, BC (PT) —Pacific Central Station	0	● ☞	Dp				☞5 30A	☞6 35A	☞9 00A		☞11 30A			☞4 00P
Richmond, BC —Sandman Signature Hotel	12	○					☞R5 50A		☞R9 30A		☞R12 00N			☞R4 30P
Surrey, BC—Pacific Inn	29	○					☞R6 20A		☞R10 00A		☞R12 30P			☞R5 00P
Bellingham, WA (Alaska Marine Highway)	62	● ☞ QT						☞8 34A					☞3 00P	☞7 44P
Mount Vernon, WA	88	○ ☞ QT						9 03A					☞3 35P	8 13P
Stanwood, WA	103	○ ☞						9 21A						8 35P
Everett, WA	123	● ☞ QT						☞9 53A					☞4 20P	☞9 07P
Edmonds, WA	139	● ☞ QT						☞10 16A						☞9 30P
Seattle, WA (Victoria, BC ☞—see page 3) ☞ Port Angeles—see page 3	157 0	● ☞ QT ○ ☞	Ar Dp				☞9 00A ☞9 45A	☞11 00A ☞11 30A	☞12 45P ☞2 20P		☞3 30P ☞6 10P	☞5 40P	☞7 45P	☞10 10P
Tukwila, WA (SeaTac Airport ✈)	11	○ ☞						11 44A	2 34P		6 24P			
Tacoma, WA*	39	● ☞ QT					☞10 37A	☞12 13P	☞3 03P		☞6 53P			
Olympia-Lacey, WA	75	☞ ☞ QT					11 27A	12 50P	3 40P		7 30P			
Centralia, WA	94	● ☞ QT					☞11 51A	☞1 11P	☞4 01P		☞7 51P			
Kelso-Longview, WA	137	☞ ☞ QT					12 35P	1 52P	4 42P		8 32P			
Vancouver, WA	177	● ☞ QT					☞1 18P	☞2 30P	☞5 20P		☞9 10P			
Portland, OR ☞ Boise, Seaside, Astoria—see page 3-4	187	● ☞ QT	Ar Dp				☞2 00P	☞3 00P	☞5 50P		☞9 40P			
Oregon City, OR	202	○ ☞					☞7 00A	☞9 45A	☞11 10A	☞12 25P	☞12 30P	☞1 30P	☞2 25P	☞3 15P
Woodburn, OR	222	○ ☞					10 08A		12 53P		☞2 10P	☞3 55P	☞6 28P	☞7 00P
Salem, OR	239	● ☞ QT					☞11 50A	☞12 15P	☞1 15P	☞2 10P	☞3 37P	☞4 20P	7 11P	☞7 40P
Albany, OR	267	● ☞ QT					☞8 15A	☞10 51A	☞12 15P	☞1 45P	☞1 36P	☞2 40P	☞3 37P	☞4 20P
Eugene-Springfield, OR ☞ Florence, Coos Bay—see pg. 4	310	● ☞ QT					☞8 50A	☞11 20A	☞12 55P	☞2 15P	☞2 05P	☞3 10P	☞4 10P	☞5 15P
University of Oregon- Eugene, OR ☞	310	○ ☞	Ar				☞D9 40A	☞12 20P	☞D1 45P	☞3 05P	☞3 05P	☞D3 50P	☞5 03P	☞D6 05P
							☞9 50A		☞1 55P	☞3 15P		☞4 00P	☞6 15P	☞9 45P

* Tacoma, WA station is located at 1001 Puyallup Ave.

SCHEDULES EFFECTIVE 1/2/18

Service on Amtrak Cascades®

- ☞ **Coaches: Reservations required.**
- ☞ **Amtrak Cascades Business class.**
- ☞ **Sleeping cars:**
 - Superliner sleeping accommodations on Trains 11 and 14, the *Coast Starlight*
 - Amtrak Metropolitan Lounge available in Portland for Sleeping car passengers.
- ☞ **Dining cars:** Full meal service on Trains 11 and 14.
- ☞ **Lounge/Bistro cars:** Sandwiches, snacks and beverages on all trains.
- ☞ Checked baggage at select stations.

- ☞ Wi-Fi available.
- ☞ Must have paid ticket to board.
- ☞ Will not operate 1/1.
- ☞ Will also operate 1/1.

All Amtrak services and stations are non-smoking.

See page 2 for Shading Key; pages 3-4 for Thruway Connections; page 4 for Route Map and Symbols Key; and page 5 for Connecting Local Services and Airport Connections.

☞ **Unboxed Bicycles:** Amtrak Cascades trains are equipped with a limited number of bicycle racks for carrying unboxed bicycles. Reservations are required; passengers must lift the bicycle to shoulder height to put it into and pick it up from the baggage car. Bicycles in a bicycle box may also be checked on the Amtrak Cascades and the Coast Starlight between stations that offer checked baggage service; nominal fees also apply. Certain connecting Thruway buses also carry bicycles. Consult agent or visit Amtrak.com/bikes for more information.

NOTE—Proper documentation is required to cross U.S./Canadian border when traveling on the Amtrak Cascades. Visit [Amtrak.com Crossing the Border](http://Amtrak.com/Crossing the Border).

This service is financed primarily through funds made available by the Washington State and Oregon State Departments of Transportation.

Train Name ▶	Amtrak Cascades	Thruway	Amtrak Cascades	Thruway	Amtrak Cascades	Thruway	Thruway	Thruway	Amtrak Cascades	Amtrak Cascades	Amtrak Cascades	Coast Starlight	Thruway	Thruway	Amtrak Cascades	Thruway		
Train Number ▶	516		500		502				504	506	518	14			508			
Normal Days of Operation ▶	Daily	Daily	Mo-Fr ⁷¹	SaSuHo ⁷²	SaSuHo ⁷²	Daily	Daily	Mo-Fr ⁷¹	Mo-Fr ⁷¹	SaSu ⁷²	Daily	Daily	Daily	Daily	Daily	Daily		
On Board Service ▶	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 		
	Mile	Symbol																
University of Oregon- Eugene, OR (PT)	0	○	Dp		5 15A			7 15A	8 10A			11 40A		1 00P	2 15P		5 25P	
Eugene-Springfield, OR Florence, Coos Bay—see pg. 4	0	●	Ar	5 30A	5 30A			7 30A	8 25A			9 00A	11 55A	12 36P	1 15P	2 30P	4 30P	5 45P
Albany, OR	44	●	Ar	6 11A	6 25A			8 20A	9 20A			9 41A	12 45P	1 22P	2 05P	3 25P	5 11P	6 35P
Salem, OR	72	●	Ar	6 41A	7 00A			8 55A	10 00A			10 11A	1 25P	1 55P	2 40P	3 55P	5 41P	7 15P
Woodburn, OR	88	○	Ar		7 20A			9 25A	10 30A				1 55P			4 25P		
Oregon City, OR	108	○	Ar	7 24A								10 54A					6 24P	7 55P
Portland, OR Boise, Seaside, Astoria—see page 3-4	124	●	Ar Dp	8 05A	8 05A			10 15A	11 15A			11 35A	12 40P	3 32P	3 50P	5 10P	7 05P	8 45P
Vancouver, WA	134	●	Ar	8 20A	8 20A					12 00N	12 00N	3 00P	3 56P				7 20P	
Kelso-Longview, WA	173	○	Ar	8 38A	8 38A					12 18P	12 18P	3 18P	4 16P				7 38P	
Centralia, WA	216	●	Ar	9 11A	9 11A					12 51P	12 51P	3 51P	4 51P				8 11P	
Olympia-Lacey, WA	235	○	Ar	9 52A	9 52A					1 32P	1 32P	4 32P	5 36P				8 52P	
Tacoma, WA*	271	●	Ar	10 13A	10 13A					1 53P	1 53P	4 53P	6 01P				9 13P	
Tukwila, WA (SeaTac Airport)	299	○	Ar	10 55A	10 55A					2 35P	2 35P	5 35P	6 50P				9 55P	
Seattle, WA (Victoria, BC —see page 3) Port Angeles—see page 3	310	●	Ar Dp	11 23A	11 23A					3 03P	3 03P	6 03P					10 23P	
Edmonds, WA	0	○	Ar	11 50A	11 50A					3 30P	3 30P	6 30P	7 56P				10 50P	
Everett, WA	18	●	Ar	7 45A	10 45A					4 45P		7 00P	9 00P					
Stanwood, WA	34	○	Ar	8 11A								7 27P						
Mount Vernon, WA	54	○	Ar	8 36A								7 52P						
Bellingham, WA (Alaska Marine Highway)	69	○	Ar	9 06A								8 22P						
Surrey, BC—Pacific Inn	115	○	Ar	9 22A								8 35P						
Richmond, BC —Sandman Signature Hotel	132	○	Ar	9 52A								9 05P						
Vancouver, BC (PT) —Pacific Central Station	157	●	Ar	1 15P	1 45P					4 15P	4 45P	7 15P	11 15P					
				1 45P						7 45P		11 45P						
				5 15P						8 15P		11 00P	12 15A					

* Tacoma, WA station is located at 1001 Puyallup Ave.

SCHEDULES EFFECTIVE 1/2/18

Service on Amtrak Cascades®

- Coaches: Reservations required.**
- Amtrak Cascades Business class.**
- Sleeping cars:**
 - Superliner sleeping accommodations on Trains 11 and 14, the *Coast Starlight*
 - Amtrak Metropolitan Lounge available in Portland for Sleeping car passengers.
- Dining cars:** Full meal service on Trains 11 and 14.
- Lounge/Bistro cars:** Sandwiches, snacks and beverages on all trains.
- Checked baggage at select stations.

- Wi-Fi available.
- Time is available at Eugene to ticket University of Oregon passengers.
- Superliner sleeping accommodations must have paid ticket to board.
- Will not operate 1/1.
- Will also operate 1/1.

All Amtrak services and stations are non-smoking.

See pages 3-4 for Thruway Connections; page 4 for Route Map and Symbols Key; and page 5 for Connecting Local Services and Airport Connections.

Unboxed Bicycles: Amtrak Cascades trains are equipped with a limited number of bicycle racks for carrying unboxed bicycles. Reservations are required; passengers must lift the bicycle to shoulder height to put it into and pick it up from the baggage car. Bicycles in a bicycle box may also be checked on the Amtrak Cascades and the Coast Starlight between stations that offer checked baggage service; nominal fees also apply. Certain connecting Thruway buses also carry bicycles. Consult agent or visit Amtrak.com/bikes for more information.

SHADING KEY

- Daytime train
- Overnight train
- Thruway and connecting services

This service is financed primarily through funds made available by the Washington State and Oregon State Departments of Transportation.

Pacific Coast Thruway Connections

Pemberton • Whistler • Vancouver (Greyhound Canada)

517		Connecting Train Number				516	
8931		Thruway Number				8932	
Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	
1 00P	0	Dp	Pemberton, BC (PT)	○	Ar	5 50P	
2 00P	19	Dp	Whistler Village, BC	○	Ar	5 00P	
2 50P	53	Dp	Squamish-N. Garibaldi, BC	○	Ar	3 50P	
4 30P	98	Ar	Vancouver, BC (PT)	●	Dp	2 30P	

Victoria • Seattle (Clipper Vacations)

7405		7403		Thruway Number				7402		7406	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
11 20A	5 00P	0	Dp	Victoria, BC -Inner Harbour (PT)		Ar	10 45A	5 45P			
2 05P	7 45P	105	Ar	Seattle, WA -Pier 69 (PT)		Dp	8 00A	3 00P			

NOTE—Schedules vary by date during this timetable period. Sample schedules are shown and additional frequencies may operate. Consult agent for details. Reservations must be booked through Amtrak at least 48 hours in advance, or contact Clipper Vacations directly at 1-800-888-2535.

Vancouver • Victoria (BC Ferries Connector)

Connecting Train Number				510		8948		8900	
Thruway Number		8427*		8429		8431*		8433	
Days of Operation		▼		Daily		Daily		Daily	
Vancouver, BC	Pacific Central Sta. (PT)	Dp	7 30A	9 45A	11 45A	1 30P	3 30P	5 30P	
Victoria, BC	behind Empress Hotel (PT)	Ar	11 20A	1 20P	3 20P	5 20P	7 20P	9 20P	

Victoria • Vancouver (BC Ferries Connector)

Connecting Train Number		8909				517			
Thruway Number		8424*		8426		8428		8430*	
Days of Operation		▼		Daily		Daily		Daily	
Victoria, BC	behind Empress Hotel (PT)	Dp	5 45A	7 45A	9 45A	11 45A	1 45P	3 45P	5 45P
Vancouver, BC	Pacific Central Sta. (PT)	Ar	9 40A	11 40A	1 40P	3 40P	5 40P	7 40P	9 40P

* Days of operation vary seasonally. Visit Amtrak.com or call 1-800-USA-RAIL for schedules operating on your intended travel date.

Seattle • Port Angeles (Dungeness Lines)

500		506		Connecting Train Number				507		509	
8830		8836		Thruway Number				8837		8839	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
1 20P	7 20P	0	Dp	Seattle, WA** (PT) -Amtrak Station	●	Ar	9 10A	4 40P			
2 00P	8 15P	48	▼	Edmonds, WA**	●	Ar	8 35A	3 45P			
3 05P	9 10P	74	▼	Kingston, WA**	○	Ar	7 35A	2 50P			
3 40P	9 35P	85	▼	Discovery Bay, WA	○	Ar	6 50A	2 05P			
4 05P	10 00P	111	▼	Port Townsend, WA	○	Ar	6 25A	1 30P			
4 10P	10 00P	131	▼	Sequim, WA	○	Ar	6 25A	1 30P			
4 35P	10 35P	138	Ar	Port Angeles, WA (PT)	○	Dp	6 00A	1 00P			

NOTE—Port Townsend - transfer at Discovery Bay.
For reservations call (360) 417-0700 or 1-800-457-4492. Also visit heckmanmotors@olypen.com. Schedule times may change seasonally. Please be at departure location 15 minutes prior to time printed above.
** Stops by reservation only.

Kettle Falls • Spokane (Gold Line)

8849		7/8		Connecting Train Number				7/8		8848	
8831		8833		Thruway Number				8832		8834	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
7 30A	1 45P	0	Dp	Kettle Falls, WA (PT)	○	Ar	1 45P	7 55P			
7 45A	2 00P	9	▼	Colville, WA	○	Ar	1 30P	7 40P			
8 20A	2 35P	31	▼	Chewelah, WA	○	Ar	12 55P	7 05P			
8 45A	3 00P	48	▼	Loon Lake, WA	○	Ar	12 30P	6 40P			
9 05A	3 20P	58	▼	Deer Park, WA	○	Ar	12 15P	6 25P			
9 50A	4 05P	60	Ar	Spokane, WA (PT)	●	Dp	11 35A	5 45P			

NOTE—Kettle Falls-Spokane Thruway buses do not operate on certain major holidays.

SYMBOLS KEY

- QT Quik-Trak self-serve ticketing kiosk
- Unstaffed station
- Staffed Station with ticket office; may or may not be open for all train departures.
- ♻ Station wheelchair accessible; no barriers between station and train.
- ♿ Station wheelchair accessible; not all station facilities accessible.

SHADING KEY

Thruway and connecting services

See page 4 for additional Thruway Connections.

Portland • Pendleton • Boise (Greyhound)

509		501		Connecting Train Number				500		508	
8455		8451		Thruway Number				8450		8452	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily	
11 00P	12 10P	0	Dp	Portland, OR (PT) -Greyhound Station	○	Ar	5 10A	4 20P			
12 10A	1 20P	62	Ar	Hood River, OR	○	Ar	4 00A	3 10P			
12 40A	1 50P	83	Ar	The Dalles, OR	○	Ar	3 30A	2 40P			
3 20A	4 25P	208	Ar	Pendleton, OR	○	Ar	12 55A	11 50A			
4 35A	5 35P	259	Ar	La Grande, OR	○	Ar	11 40P	10 40A			
5 25A	6 25P	304	Ar	Baker City, OR (PT)	○	Ar	10 50P	9 50A			
8 25A	9 15P	374	Ar	Ontario, OR (MT) -Greyhound Station	○	Ar	9 45P	9 00A			
9 10A	10 00P	417	Ar	Nampa, ID	○	Ar	9 00P	8 15A			
9 40A	10 30P	435	Ar	Boise, ID (MT) -Greyhound Station	○	Dp	8 30P	7 45A			

NOTE—Greyhound Portland connections arrive and depart at the Greyhound stations in all cities. In Portland, the Greyhound station is located across the street from the Amtrak station. Greyhound departures will be announced in the Amtrak Portland station. Passengers may also walk across to the Greyhound station and listen for the Greyhound boarding call for their departure.

Multiride Tickets on Thruway Bus Services

Passengers holding multiride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

Pacific Coast Thruway Connections

Portland • Astoria (NorthWest POINT)

500		507		Connecting Train Number			504	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily
9 30A	6 20P	0	Dp	Portland, OR (PT) -Amtrak Station	●ⓈⓆ	Ar	11 25A	8 59P
9 48A	6 39P	28	↓	Beaverton, OR	○	↑	10 57A	8 28P
10 48A	7 35P	55	↓	Elsie, OR	○Ⓢ	↑	9 58A	7 30P
11 06A	7 50P	65	↓	Necanicum Jct., OR	○	↑	9 50A	7 15P
11 22A	8 06P	80	↓	Cannon Beach, OR -Family Market	○Ⓢ	↑	9 23A	6 57P
11 45A	8 34P	89	↓	Seaside, OR -Seaside Lodge	○	↑	9 00A	6 41P
11 47A	8 36P	90	↓	-Seaside Cinema	○	↑	8 58A	6 39P
11 50A	8 37P	91	↓	Gearhart, OR	○Ⓢ	↑	8 55A	6 37P
12 03P	8 50P	100	↓	Warrenton, OR -Fred Meyers	○Ⓢ	↑	8 42A	6 25P
12 18P	9 05P	106	Ar	Astoria, OR (PT) -Transit Center	○Ⓢ	Dp	8 30A	6 00P

Redmond • Bend • Chemult (HighDesert POINT)

14		11		Connecting Train Number			14		11	
Daily	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Daily	Daily	Daily
6 35A	5 00P	0	Dp	Redmond Airport, OR ✈️ -Amtrak Station (PT)	○Ⓢ	Ar	11 45A	10 30P		
7 00A	5 30P	15	↓	Bend, OR -Riverhouse Resort	○Ⓢ	↑	11 25A	D10 00P		
7 15A	5 45P	17	↓	-Hawthorne	○Ⓢ	↑	11 10A	D9 45P		
7 50A	6 15P	31	↓	Sunriver, OR-Shell Sta.	○Ⓢ	↑	10 40A	D9 15P		
8 15A	6 40P	47	↓	La Pine, OR-Shell Sta.	○Ⓢ	↑	10 20A	D8 50P		
9 10A	7 40P	82	Ar	Chemult, OR -Amtrak Station (PT)	○Ⓢ	Dp	9 40A	8 10P		

NOTE—Redmond Airport pickup requires that a reservation be made with Amtrak at least 2 hours prior to departing the airport, or by calling TAC Transportation at (541) 480-6756.

Ontario • Bend • Eugene • Coos Bay

(Eastern POINT and Pacific Crest Bus Lines)

503		11		Connecting Train Number			14		11	
Mo-Fr	Daily	Mile	▼	Days of Operation	Symbol	▲	Daily	Mo-Fr	Daily	Mo-Fr
	9 05A	0	Dp	Ontario, OR (MT) -Greyhound Station	○Ⓢ	Ar	7 35P			
	9 30A	17	↓	Vale, OR (MT) -Sinclair Station	○Ⓢ	Ar	7 10P			
	10 40A	131	↓	Burns, OR (PT) -Figaro's Italian Kitchen	○Ⓢ	Ar	4 10P			
	12 55P	261	Ar	Bend, OR-Hawthorne Intermodal Center	○Ⓢ	Dp	1 40P			
	1 00P		Dp			Ar	12 30P			
	1 25P	271	Dp	Sisters, OR-Ski Inn	○Ⓢ	Ar	12 00N			
	3 35P	388	Ar	Eugene-Springfield, OR	●ⓈⓆ	Dp	9 45A			
	9 32A	**3 05P	Ar	Florence, OR -2nd & U.S. 101	○	Ar	**9 30A	3 00P		
D11 20A	**D5 20P	449	↓	Reedsport, OR -Lion's Park	○	↑	**D7 45A	D1 05P		
D11 50A	**D5 50P	469	↓	Coos Bay, OR (PT) -TAC Bus Station	○	Dp	**7 15A	12 35P		

**NOTE—Buses 8310/8309 operate daily except Saturdays, between Eugene and Coos Bay. Passengers traveling from points east of Eugene to points west, on Buses 8510 and 8310, transfer at the Eugene bus terminal rather than at the Eugene-Springfield Amtrak Station. Bus 8510 arrives the bus depot at 3:40 p.m. and 8310 departs at 4:05 p.m. Buses 8309 and 8509 connect at the Eugene-Springfield rail station.

AMTRAK CASCADES ROUTE MAP and SYMBOLS



- SHADING KEY**
- Thruway and connecting services
- SYMBOLS KEY**
- D Stops only to discharge passengers; train may leave before time shown.
 - R Stops only to receive passengers.
 - MT Mountain time
 - PT Pacific time
 - Bus stop
 - ✈️ Airport connection
 - ⚓ Ferry connection
 - Ⓠ Quik-Trak self-serve ticketing kiosk
 - Unstaffed station
 - Ⓢ Host station. See below.
 - Staffed ticket office; may or may not be open for all train departures
 - ♿ Station wheelchair accessible; no barriers between station and train
 - Ⓢ Station wheelchair accessible; not all station facilities accessible

Washington Station Hosts

Washington State Station Hosts. Volunteer station hosts assist passengers with schedules, boarding and general inquiries at Olympia-Lacey and Kelso-Longview.

Multiride Tickets on Thruway Bus Services

Passengers holding multiride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

SHADING KEY

Thruway and connecting services

SYMBOLS KEY

- D Stops only to discharge passengers; train may leave before time shown.
- ✈️ Airport connection
- ⚓ Ferry connection
- Ⓠ Quik-Trak self-serve ticketing kiosk
- Unstaffed station
- Staffed Station with ticket office; may or may not be open for all train departures.
- ♿ Station wheelchair accessible; no barriers between station and train.
- Ⓢ Station wheelchair accessible; not all station facilities accessible.

See page 3 for additional Thruway Connections.

PACIFIC NORTHWEST — TRAIN AND THRUWAY SERVICE



Multiride Tickets on Thruway Bus Services

Passengers holding multiride tickets should be aware that reserved and ticketed passengers have priority seating on Amtrak Thruway buses.

Airport Connections

Seattle-Tacoma International Airport
Sound Transit Link Light Rail offers an easy, direct connection from Seattle Amtrak Station to SEA-TAC Airport. Walk out King St. exit, turn left to the Weller Street Pedestrian Overpass and follow it directly two blocks to the International District Station. Trains run every 8-15 minutes 5:00 a.m. - 2:00 a.m. Travel time is 36 minutes. Tickets are sold by machine at the entrance. Sound Transit Information: 1-888-889-6368 or www.soundtransit.org.

Portland International Airport
TriMet's MAX Red Line light rail service connects Portland International Airport, E/NE Portland, downtown Portland and Amtrak at Portland Union Station. For complete schedules and more information, visit www.trimet.org/schedules/maxredline.htm.

Pacific Northwest Corridor Services

Reservations are required on all trains and Thruway buses between Seattle, Portland, and Eugene-Springfield, between Seattle and Vancouver, BC, and on Amtrak Trains 7 and 8 between Spokane and Seattle. Services on board each train are noted with symbols and can be found in the "Service on the Amtrak Cascades Trains" area.

Connecting Local Services

Vancouver, BC—
TransLink Skytrain, bus and ferry service: (604) 953-3333; translink.ca
West Coast Express commuter rail: (604) 488-8906 or 1-800-570-7245; westcoastexpress.com

Mount Vernon—
Skagit Transit bus service in Mount Vernon and "Island Connector" service to Anacortes and Oak Harbor: (360) 757-4433; skagittransit.org

Seattle—
Seattle Metro light rail and bus: (206) 553-3000 or 1-800-542-7876; metro.kingcounty.gov
Sound Transit Sounder commuter rail and Tacoma and Central Rail Service: (206) 398-5000 or 1-800-201-4900; soundtransit.org

Portland—
Tri-Met light rail, bus and streetcar system: (503) 238-7433; trimet.org

Lacey—Downtown Olympia
Intercity Transit offers frequent daily service between the Amtrak station in Lacey and the Olympia Transit Center in downtown Olympia, as well as other regional locations. For information call (360) 786-1881 or visit www.intercitytransit.com.

Clipper Navigation Co. Thruway Connections

Seattle-Victoria
Clipper Vacations operates the high-speed catamaran Victoria Clipper year-round between Pier 69 in Seattle (one mile from Amtrak King Street Station) and Victoria's Inner Harbour. Reservations are required. Call Amtrak for schedules, fares and ticketing information for travel more than three days ahead. For travel less than three days in advance, contact Clipper Vacations at (206) 448-5000 or (800) 888-2535 or visit www.clippervacations.com.

Alaska Marine Highway
 In addition to Amtrak, Bellingham's multi-modal transportation facility serves the vessels of the Alaska Marine Highway. Service is available to Ketchikan, Wrangell, Petersburg, Juneau, Sitka, Haines and Skagway. For information and reservations call 1-800-642-0066 (TDD/TTY 1-800-764-3779) or visit www.ferryalaska.com.

British Columbia Connections

Vancouver, BC-Victoria, BC
BC Ferries Connector offers frequent connecting Thruway service between Pacific Central Station in Vancouver and Victoria, BC (710 Douglas St.). Call Amtrak for fares, schedules and ticketing information or visit www.bcfconnector.com.

Vancouver, BC-Pemberton-Nanaimo-Calgary
 Greyhound Canada Thruway connection departs daily from Pacific Central Station in Vancouver (served by Amtrak Cascades route) for Squamish, Garibaldi Highlands, Whistler, Pemberton, BC, and Nanaimo, BC, on Vancouver Island. Additional Thruway service operates to Chilliwack, Kamloops and intermediate points to Calgary. Call Amtrak for fares, schedules and ticketing information or visit www.greyhound.ca.