BEVERAGES

Milk: 2% or Soy 2.00
Coffee, Tea 2.50
Regular or Decaffeinated
Iced Tea 2.25
Juice - Apple, Orange, or Cran-grape 2.25
Coca-Cola Soft Drinks – Regular or Diet 2.50
Bottled Water 2.25

BAR SELECTIONS

LIQUOR **
Jack Daniel’s Black Label, Dewar’s Scotch, Deep Eddy Vodka, Tanqueray Gin, Bacardi Rum 8.00
Mixers – Club Soda, Tonic Water, Ginger Ale, Bloody Mary Mix, Orange Juice

BEER **
Ask your server about today’s selections.
Domestic 6.50
Import 7.50
Regional Craft 8.50

WINE **
Ask your server about today’s selections.
Single Serving 8.00
Half Bottle 16.00

** Alcoholic beverages are available as an extra purchase, not included in first class meal packages.
BREAKFAST

SCRAMBLED EGGS* 8.50
Two fresh scrambled cage-free eggs with roasted potatoes or grits. Served with a croissant. (480 ave. cal.)
Egg substitute available upon request (195 cal.)

CONTINENTAL BREAKFAST 8.75
Choice of Kellogg’s brand cereal or hot steel-cut oatmeal with raisins and honey. With fresh seasonal fruit, Greek yogurt and a croissant. (690 ave. cal.)

AMTRAK SIGNATURE RAILROAD FRENCH TOAST 10.50
Griddled thick cut French toast (480 cal.), with breakfast syrup (100 cal.)

THREE EGG OMELE* 13.75
Made to order omelet with tomatoes, mushrooms and red onions. Choice of Monterey Jack or Cheddar cheese (360 cal.)
Served with a side of tomato salsa (15 cal.), roasted potatoes or grits and a croissant (290 cal.)
Egg substitute available upon request (195 cal.)

SOUTHWESTERN BREAKFAST QUESADILLAS* 13.50
Two flour tortillas filled with Monterey Jack cheese, topped with scrambled eggs. Served with salsa. (764 cal.)

SIDES & TOPPINGS

Cheddar or Monterey Jack Cheese (90 ave. cal.) 1.00
Pork Sausage – 2 Patties (360 cal.) 3.50
Apple Maple Chicken Sausage – 2 Links (100 cal.) 3.50
Applewood Smoked Bacon – 3 Strips (90 cal.) 3.75

CHILDREN’S MENU

Available for children 12 and under.

SCRAMBLED EGG 4.25
One freshly scrambled egg with roasted potatoes or grits. Served with a croissant. (390 ave. cal.)

FRENCH TOAST 5.25
Griddled french Toast (240 cal.) with breakfast syrup. (100 cal.)

CHILDREN’S LUNCH/DINNER

Available for children 12 and under.

HEBREW NATIONAL ALL-BEEF HOT DOG 460 cal.) 7.50
Lunch – With ketchup chips. (710 cal.)
Dinner – With vegetable medley. (380 cal.)

MACARONI AND CHEESE 7.50
Lunch – With a roll. (450 cal.)
Dinner – With vegetable medley and a roll. (480 cal.)

LUNCH

CAESAR SALAD 12.50
Romaine lettuce with shredded Parmesan cheese, grape tomatoes and croutons. Served with classic Caesar dressing and a warm roll. (390 ave. cal.) Add grilled chicken breast for an additional $3.50. (90 cal.)

BLACK BEAN & CORN VEGGIE BURGER 12.50
Spiced, full-flavored veggie burger on a toasted bun with lettuce, tomato, red onions and kale chips. (440 cal.)
Both the burger and the bun are vegan compliant.

NATURAL ANGUS BURGER 12.50
Grilled all natural Angus beef burger on a brioche roll with lettuce, tomato, red onions and ketchup chips. (720 cal.)

BBQ PORK WINGS 14.00
Braised bone-in BBQ pork shanks in Stubs smoky BBQ sauce with redskinned garlic mashed potatoes. (540 cal.)
Served with a warm roll.

GARDEN SALAD 3.50
With choice of dressing (182 ave. cal.)
Complimentary for Sleeping Car passengers.

TOPPINGS

Cheddar or Monterey Jack Cheese (90 ave. cal.) 1.00
Applewood Smoked Bacon – 2 Strips (90 cal.) 2.50

GARDEN SALAD 3.50
With choice of dressing (182 ave. cal.)
Complimentary for Sleeping Car passengers.

** Healthy & Flavor Forward Specialties: Light Entree Guidelines are based on 700 total calories per serving. Specifics: less than 30% (23 grams) total fat; less than 10% (8 grams) saturated fat; 5% (2 grams) trans-fat and less than 750 milligrams of sodium per serving.