

## BEVERAGES

Complimentary beverages are available throughout your journey.

Coffee – Regular & Decaf

Hot Tea

Milk

Minute Maid – Orange & Apple Juice

Gold Peak Iced Tea Unsweetened

Crystal Geyser Spring Water

Coke - Regular or Diet

Sparkling Water

Seagram's Ginger Ale

## BAR SELECTION BEER, WINE AND SPIRITS

First drink is on us

Bud Light	6.50	Corona, Stella Artois	7.50
Heineken	7.50	Stone IPA	8.50
Barefoot Chardonnay, Cabernet Sauvignon			8.00
Tanquerary Gin			8.00
Bacardi Rum			8.00
Tito's Handmade Vodka			9.00
Maker's Mark Bourbon Whiskey			9.00



Prices are in U.S. currency and include all taxes. Amtrak accepts major payment cards. If you did not receive a receipt, your purchase is complimentary.

Retain your receipt for all returns, refunds and exchanges.



Scan to enter the Amtrak Food & Beverage website for access to Food Facts, menus, etc.

or visit: <http://www.amtrakfoodfacts.com>



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AMT FLX SLP W 0720

# FLEXIBLE DINING MENU



## Cash In With Your Onboard Purchases

Enjoy up to a 20% rebate on food and beverage items with your **Amtrak Guest Rewards® Mastercard®**.

# CONTINENTAL BREAKFAST SELECTIONS

## OATMEAL

Maple Brown Sugar  
Apple Walnut

## COLD CEREALS

Honey Nut Cheerios <sup>GF</sup>  
Froot Loops  
Rice Krispies  
Raisin Bran

## YOGURT

Strawberry <sup>GF</sup>  
Blueberry <sup>GF</sup>

## MUFFINS

Blueberry  
Banana Nut

## BREAKFAST BAR

KIND Bar

## BREAKFAST SANDWICH

Sausage, Egg and Cheese Muffin



<sup>GF</sup> – Gluten Free. No added gluten, but not prepared in a gluten free environment.

<sup>V</sup> – Vegan  – Spicy

Please be advised that food served on Amtrak trains may contain or have come in contact with: milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and/or fish.

# ENTRÉES

## RED WINE BRAISED BEEF <sup>GF</sup>

With pearl onions, carrots and mushrooms served with polenta and haricot vert. Served with a side salad and a specialty dessert.

## ENCHILADAS <sup>V</sup>

Corn tortillas filled with plant based protein, black beans, corn and cheese enchiladas with yellow rice and ancho chili sauce. Served with a side salad and a specialty dessert.  
"Amtrak's Vegan and Healthy Option"

## CHICKEN MARSALA

Seared chicken with cavatappi pasta, broccoli and carrots in a Marsala wine sauce. Served with a side salad and a specialty dessert.

## SHRIMP IN LOBSTER SAUCE <sup>GF</sup>

Pan seared shrimp with Parisian carrots, haricot verts, and confetti rice. Served in a brandied lobster sauce. Served with a side salad and a specialty dessert.

## ASIAN NOODLE BOWL <sup>V</sup>

Yaki soba noodles with carrots, edamame, red peppers, baby corn, scallions and Shiitake mushrooms in a garlic-chili sauce. Served with a side salad and a specialty dessert. "Amtrak's Vegan and Healthy Option"

## CHICKEN FETTUCCINI

Roasted chicken with broccoli, carrots, red peppers, Parmesan and Asiago cheeses, in a garlic-alfredo cream sauce. Served with a side salad and a specialty dessert.

## CREOLE SHRIMP & ANDOUILLE <sup>GF</sup>

Shrimp and andouille sausage served with yellow rice, peppers, onions and green onions in a spicy Creole sauce. Served with a side salad and a specialty dessert.

## PASTA & MEATBALLS

Penne pasta with tomato sauce, meatballs, Parmesan and mozzarella cheeses. Served with a side salad and a specialty dessert.

\* Enchilada made with Awesome Grounds brand plant based protein

Some items may not be available at all times. We apologize for any inconvenience.

