

## BEVERAGES

Complimentary beverages are available throughout your journey.

Coffee – Regular & Decaf

Hot Tea

Milk

Minute Maid – Orange & Apple Juice

Gold Peak Iced Tea Unsweetened

Bottled Spring Water

Sparkling Water

Coke, Diet Coke, Sprite

Seagram's Ginger Ale

## BAR SELECTION BEER, WINE AND SPIRITS

First drink is on us

Bud Light	6.50	Corona, Stella Artois	7.50
Heineken	7.50	Stone IPA	8.50
Barefoot Chardonnay, Cabernet Sauvignon			8.00
Tanqueray Gin			8.00
Bacardi Rum			8.00
Tito's Handmade Vodka			9.00
Maker's Mark Bourbon Whiskey			9.00



Retain your receipt for all returns, refunds and exchanges.

Prices are in U.S. currency and include all taxes. Amtrak accepts major payment cards. If you did not receive a receipt, your purchase is complimentary.



Scan to enter the Amtrak Food & Beverage website for access to Food Facts, menus, etc.

or visit: <http://www.amtrakfoodfacts.com>



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AMT FLX SLP E 0221

# FLEXIBLE DINING MENU



## Cash In With Your Onboard Purchases

Enjoy up to a 20% rebate on food and beverage items with your **Amtrak Guest Rewards® Mastercard®**.

## CONTINENTAL BREAKFAST

### OATMEAL

Maple Brown Sugar, Apple Walnut

### MUFFIN

Blueberry

### YOGURT

Strawberry <sup>GF</sup>

### COLD CEREALS

Honey Nut Cheerios <sup>GF</sup>, Rice Krispies, Raisin Bran, Froot Loops

### JIMMY DEAN BREAKFAST SANDWICH

Sausage, egg and cheese muffin



## BREAKFAST OMELET

Spinach, tomato, onion, mozzarella, provolone and parmesan cheeses with breakfast potatoes. Served with a choice of muffin or KIND breakfast bar.

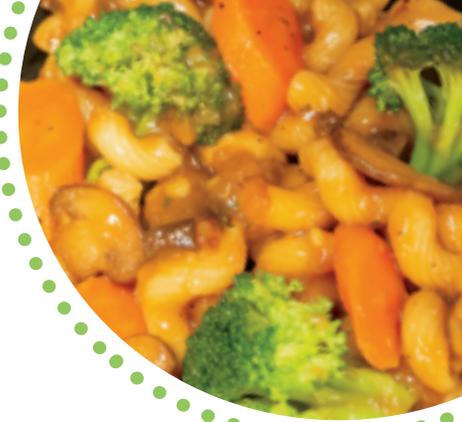


## ENTRÉES

Ask your server about today's specials

### RED WINE BRAISED BEEF <sup>GF</sup>

With pearl onions, carrots and mushrooms served with polenta and haricot vert. Served with a side salad and a specialty dessert.



### ENCHILADAS <sup>V</sup>

Corn tortillas filled with plant based protein, black beans, corn and cheese enchiladas with yellow rice and ancho chili sauce. Served with a side salad and a specialty dessert. "Amtrak's Vegan and Healthy Option"

### CHICKEN MARSALA

Seared chicken with cavatappi pasta, broccoli and carrots in a Marsala wine sauce. Served with a side salad and a specialty dessert.



### CREOLE SHRIMP & ANDOUILLE <sup>GF</sup> <sup>Spicy</sup>

Shrimp and andouille sausage served with yellow rice, peppers, onions and green onions in a spicy Creole sauce. Served with a side salad and a specialty dessert.

### PASTA & MEATBALLS

Penne pasta with tomato sauce, meatballs, parmesan and mozzarella cheeses. Served with a side salad and a specialty dessert.

\* Enchilada made with Awesome Grounds brand plant based protein



Please be advised that food served on Amtrak trains may contain or have come in contact with: milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and/or fish.

<sup>GF</sup> – Gluten Free. No added gluten, but not prepared in a gluten free environment.

<sup>V</sup> – Vegan <sup>Spicy</sup> – Spicy