

FLEXIBLE DINING MENU

BREAKFAST

CONTINENTAL BREAKFAST

Your selection of a breakfast sandwich, blueberry muffin, Greek yogurt, and assorted cold cereals and oatmeal

RAILROAD FRENCH TOAST

Thick-cut Texas toast served with Applewood smoked bacon

THREE EGG OMELET ^{GF}

With Swiss, cheddar and mozzarella cheeses. Served with red bliss breakfast potatoes and chicken sausage

LUNCH/DINNER

Dinner Entrées are served with a complimentary alcoholic beverage.

SLOW BRAISED BEEF SHORT RIBS ^{GF}

Tender beef short ribs served with a Cabernet reduction sauce, baby green beans, Parisienne carrots and chive mashed potatoes

ENCHILADAS ♥ ^V

Plant-based protein, black beans, corn and cheese wrapped in corn tortillas with an ancho chili sauce, served with yellow rice "Amtrak's Vegan and Healthy Option"

CHICKEN ALA ROSA

With fettucine, broccoli, sundried cherry tomatoes, and Pecorino Romano cheese in a tomato vodka cream sauce

SESAME GLAZED SALMON

With stir-fried vegetables and jasmine rice

PASTA & MEATBALLS

Penne pasta with tomato sauce, meatballs, and Parmesan and mozzarella cheeses

DESSERT

Ask your server about our seasonal dessert selections.

♥ – Vegetarian ♥ – Amtrak's Healthy Option

^{GF} – *Gluten Free.* This meal is prepared in a common kitchen and cross contamination with gluten could occur.



Scan to enter the Amtrak Food and Beverage website for access to Food Facts, menus, and more.

Visit: <http://www.amtrakfoodfacts.com>

BEVERAGES

Complimentary beverages are available throughout your journey.

Coffee – Regular & Decaf

Hot Tea

Milk

Orange Juice

Iced Tea

Bottled Spring Water

Sparkling Water

Coke, Diet Coke, Sprite

Ginger Ale

BAR SELECTION

BEER

Bud Light _____ 6.50

Corona, Stella Artois, Heineken _____ 7.50

Stone IPA _____ 8.50

WINE _____ 8.00

Barefoot – Cabernet Sauvignon

Barefoot – Chardonnay

SPIRITS

Tanqueray Gin, Bacardi Rum _____ 8.00

Tito's Handmade Vodka,
Maker's Mark Bourbon Whiskey _____ 9.00

Prices are in U.S. currency and include all taxes.
Amtrak accepts major payment cards.



Retain your receipt for all returns, refunds and exchanges.

Egg substitute, sugar free jelly, sugar free breakfast syrup and soy milk available upon request.

Please be advised that food prepared on Amtrak trains may contain or have come in contact with, milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and/or fish.

** FDA Consumer Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*

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