

# FLEXIBLE DINING MENU

## BREAKFAST

### CONTINENTAL BREAKFAST

Selection of Breakfast Sandwich | Blueberry Muffin | Greek Yogurt | Oatmeal | Assorted Cold Cereals

### RAILROAD FRENCH TOAST

Thick-Cut Texas Toast | Hardwood Smoked Bacon

### THREE EGG OMELET <sup>GF</sup>

Classic Folded Omelet | Sun-dried Tomatoes | Mozzarella Cheese | Red Bliss Potatoes | Chicken Sausage Links

## LUNCH/DINNER

*Dinner Entrées are served with a complimentary alcoholic beverage.*

### SLOW BRAISED BEEF SHORT RIBS <sup>GF</sup>

Tender Beef Short Ribs | Cabernet Reduction Sauce | Green Beans | Carrots | Chive Mashed Potatoes

### THAI RED CURRY STREET NOODLES <sup>♥</sup>

Thai Red Curry | Stir-Fried Vegetables | Rice Noodles | Shiitake Mushrooms | Carrots | Broccoli | Red Peppers | Scallions | Plant Based Meatballs

### CHICKEN ALA ROSA

Savory Marinated Chicken | Fettucine | Sun-dried Cherry Tomatoes | Pecorino Romano Cheese | Tomato Vodka Cream Sauce

### ATLANTIC SALMON & SHRIMP <sup>♥</sup>

Roasted Salmon | Seared Shrimp | Confetti Veggies | Brown Rice | Broccoli | Carrots | Peppers | Peas | Lemon Herb Beurre Blanc

### BAKED ZITI & MEATBALLS

Baked Ziti Pasta | Ricotta | Parmesan and Mozzarella Cheeses | Red Marinara Sauce | Petite Meatballs

## DESSERT

Ask your server about our seasonal dessert selections.

<sup>♥</sup> – Vegetarian    <sup>♥</sup> – Amtrak's Healthy Option

<sup>GF</sup> – *Gluten Free.* This meal is prepared in a common kitchen and cross contamination with gluten could occur.



Scan to enter the Amtrak Food and Beverage website for access to Food Facts, menus, and more.

Visit: <http://www.amtrakfoodfacts.com>

## BEVERAGES

*Complimentary beverages are available during all meal periods.*

Coffee – Regular & Decaf

Hot Tea

Milk

Orange Juice

Iced Tea

Bottled Spring Water

Sparkling Water

Coke, Diet Coke, Sprite

Ginger Ale

## BAR SELECTION

### BEER

Bud Light \_\_\_\_\_ 6.50

Corona, Stella Artois, Heineken \_\_\_\_\_ 7.50

Stone IPA \_\_\_\_\_ 8.50

WINE \_\_\_\_\_ 8.00 glass

Cabernet Sauvignon, Chardonnay

### SPIRITS

Tanqueray Gin, Bacardi Rum \_\_\_\_\_ 8.00

Tito's Handmade Vodka,  
Maker's Mark Bourbon Whiskey \_\_\_\_\_ 9.00

Prices are in U.S. currency and include all taxes.  
Amtrak accepts major payment cards.



Retain your receipt for all returns, refunds and exchanges.

*Egg substitute, sugar free jelly, sugar free breakfast syrup and soy milk available upon request.*

*Please be advised that food prepared on Amtrak trains may contain or have come in contact with, milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and/or fish.*

*\* FDA Consumer Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*

*Amtrak is registered service marks of the National Railroad Passenger Corporation.*