

– SOFT BEVERAGES –

Milk 2% or Soy	2.25
Coffee, Tea Regular or Decaffeinated.....	2.25
Iced Tea	2.25
Juice Apple, Orange or Cranberry.....	2.25
Pepsi Soft Drinks Regular or Diet Soda Selections.....	2.25
Bottled Water	2.25

**– BAR SELECTIONS –
LIQUOR***

Premium Spirits and Liqueurs	7.50
Spirits – Jack Daniel’s Black Label, Dewar’s Scotch, Finlandia Vodka, Tanqueray Gin, Bacardi Rum	
Mixers – Club Soda, Tonic Water, Ginger Ale, Bloody Mary Mix, Orange Juice	

BEER*

Ask your server about today’s selections.

Domestic	6.00
Import	7.00
Regional Craft	7.50

WINES*

Ask your server about today’s selections.

Single Serving	7.00
Half Bottle	16.00

*Note that alcoholic beverages are available as an extra purchase and are not included in first class meal packages.

Please be advised that the special nature of our menu profile, variety of our cooking procedures, seasonal and regional variations and our reliance on supplier’s information, may result in variations in the ingredients and nutritional content of these menu items. This list is compiled based on information provided by Amtrak approved food suppliers, as of 10/11/17. Ingredient changes may occur before this list is updated. Amtrak makes no guarantees regarding the accuracy of these items.

Prices are in U.S. currency and include all taxes.
Amtrak accepts major payment cards. If you paid by cash or payment card and did not receive a receipt, your purchase is complimentary.



Please retain your receipt for all returns, refunds and exchanges.

AMT CARD 1017



Dining Car
MENU



AMTRAK
*See where the train can take you*SM

– BREAKFAST –

Sausage and Cheese Breakfast Sandwich	8.50
Hearty double sausage and cheese served on a biscuit with a side of fresh fruit. (685 cal.)	
Continental Breakfast	9.00
Includes fresh fruit, vanilla Greek yogurt, croissant and choice of cold cereal or hot oatmeal with honey. Cereal available with 2% milk or plain soy milk. (669 ave. cal.)	
Classic Railroad French Toast	10.50
Thick cut, egg battered French Toast, dusted with powdered sugar. Served with breakfast syrup and a side of fresh fruit. (648 cal.)	
Breakfast Bowl	12.00
Scrambled eggs with potatoes, crumbled turkey sausage and red pepper. (460 cal.) Served with a croissant. (190 cal.) Add toppings listed below.	
Sides and Toppings	
Cheddar Cheese (85 cal.)	1.00
Guacamole (100 cal.)	1.50
Applewood Smoked Bacon (2 or 3 strips) (54/80 cal.)	2.50/3.75
Chicken & Maple Harvest Sausage Links (100 cal.)	3.50

– LUNCH –

Fresh Marketplace Sandwich	11.00
Your server will describe today's fresh selections (641 ave. cal.). Served with kettle chips and pickle. (128 cal.)	
Marketplace Salad	12.00
Your server can describe today's selection, available vegetarian or with added protein. (496 ave. cal.) Served with a dressing selection (147 ave. cal.), roll (100 cal.) and butter.	
The Cardinal Cheeseburger	12.00
Angus beef burger topped with cheddar cheese, lettuce, tomato and red onion. Served with kettle chips and dill pickle spear. (778 cal.) Add toppings listed below.	
Chicken Fusilli Pasta	12.50
Pulled chicken with red peppers, peas and corkscrew pasta in a light cream sauce, dusted with Parmesan cheese. (490 cal.)	
Sides and Toppings	
Cheddar Cheese (85 cal.)	1.00
Guacamole (100 cal.)	1.50
Applewood Smoked Bacon (54/80 cal.)	2.50/3.75

– DINNER –

Mediterranean Chicken	17.50
Chicken breast with cheese polenta, vegetable ratatouille and roasted red pepper tomato sauce. (470 cal.)	
Asian Shrimp Noodle Bowl	22.75
Lo Mein noodles in a garlic-chili sauce with ginger, broccoli, scallions, sesame, red pepper, carrots and tail-off shrimp. (801 cal.)	
Classic Beef Bourguignon	22.75
Slow cooked, fork tender beef loin braised in red wine with bacon, mushrooms and pearl onions. Served with mashed potato, green beans and carrots. (380 cal.)	
Vegetarian Rigatoni Pasta	16.00
Rigatoni pasta with tomato, mushroom medley, peas and crumbled vegan sausage. (500 cal.) This menu category features vegetarian offerings which are vegan compliant. A healthy option for those seeking bold flavor with reduced calories, fat and sodium.	

– DESSERTS –

Sugar Free Vanilla Pudding	2.75
For those seeking a gluten-free, lower calorie dessert. (90 cal.)	
Specialties	6.50
Select from a creamy Greek yogurt cheese cake, topped with whipped cream (345 cal.) or an apple streusel tart with whipped cream. (445 cal.)	
Amtrak Signature Dessert	7.25
Ask your server about today's selection.	

– CHILDREN'S MENU –

Available for Children 12 and Under

Children may order any item from the regular dining car menu at the regular menu price.

French Toast with Syrup	5.25
Available during breakfast meal periods only. (403 cal.)	
Hebrew National Hot Dog	7.00
Served with Kettle chips and a pickle spear. (678 cal.)	
Cheese Pizza (760 cal.)	7.00

Please be advised that food prepared on Amtrak trains may contain or have come in contact with: milk, eggs, wheat, soy, shellfish, peanuts, tree nuts and/or fish.

Sugar free jelly, sugar free breakfast syrup and plain soy milk are available upon request.

* FDA Consumer Advisory: Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

Additional items may be available but subject to change, ask your server. Occasional substitutions may be required for menu selections listed based on availability and supply. Your server will advise of any changes to the menu.



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